

# Middlesbrough questionnaire

## 1. What would you like from support services locally?

- ☐ A place to feel safe
- ☐ A place to talk to someone I trust
- ☐ A break from everyday stress or problems
- ☐ A place to meet new people
- ☐ Somewhere to get help or advice
- ☐ Somewhere to learn or try new things
- ☐ Other

## 2. What are your biggest worries about life in Middlesbrough?

- ☐ Low household income/money worries
- ☐ Unstable housing/moving house a lot
- ☐ Alcohol/drug abuse (me)
- ☐ Alcohol/drug abuse (someone else)
- ☐ Not enough support services for issues inc mental health, housing, addiction etc
- ☐ Poor career prospects
- ☐ Street crime/ antisocial behaviour
- ☐ Not a nice place for children to grow up
- ☐ Homelessness
- ☐ No community/feeling lonely
- ☐ Mental health/anxiety
- ☐ Stressful home life/domestic situation
- ☐ Struggling with parenting challenges- behaviour, school, development
- ☐ Other

## 3. Which creative activities interest you the most?

- ☐ Drawing/painting
- ☐ Creative writing
- ☐ Digital art
- ☐ Music- instruments, singing, recording
- ☐ Photography/film

4. Would you (or your family) take part in any of the below activities, if offered for free locally?

- ☐ Meals/cooking together
- ☐ Training/skills development (vocational training etc)
- ☐ Volunteering
- ☐ Outdoor/nature activities
- ☐ Food pantry
- ☐ Addiction groups
- ☐ Parenting support
- ☐ Book/toy library
- ☐ Housing/benefits support
- ☐ Toddler activities/Stay and Play
- ☐ Youth group
- ☐ Creative activities/arts and crafts
- ☐ Mental health support
- ☐ Other

5. Is there anything which might make it difficult for you to get involved? (eg travel, money, anxiety, caring responsibilities) If so please tell us more:

6. What are your aspirations for the future?

7. Is there anything else you'd like to tell us about life in Middlesbrough?

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