**A logo with people and a house

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Supporting Those Who Support Others

Training Event

Wednesday 15th October 2025

1-3.30pm

**Understanding and Responding Appropriately to Emotionally Based School Anxiety (Avoidance)**

**Led by Clare Sullivan — Psychotherapeutic Counsellor, Trainer & Therapeutic Team Manager & Stacey Majoros (Autism Consultant & Trainer)**

**Wednesday 15th October 2025 1-3.30pm**

**Venue: The Bungalow Partnership. Rosewood Academy Site. The Garth. Coulby Newham. Middlesbrough. TS8 0UG**

This training session equips educators, education welfare officers, pastoral staff, therapists, youth workers, caregivers, and frontline professionals with a greater understanding of the factors that lead to, exacerbate and help resolve emotionally based school anxiety (avoidance) also known as ESBA. We know the children and young people presenting with EBSA has risen locally and nationally and that Covid had its role within the causal factors. However, our experience in supporting children and young people back into education tells us that we all have a part to play in responding young people experiencing ESBA.

EBSA (Emotionally Based School Anxiety/Avoidance) refers to children and young people who struggle to attend school due to emotional distress. EBSA is not about defiance or laziness—it is often driven by underlying anxiety, fear, or overwhelm.

This training is for you if you want to …

* Consider the pushes and pulls in terms of the child’s emotional response to attending school.
* Reflect on how a sequential approach can help make the overcoming of school anxiety or separation a reality.
* Develop skills, planning and realistic goals that are both effective and sensitive to where the child/ young person is.

**£65.00 per delegate**

**To book a place please contact**

[**thebungalowpartnership@gmail.com**](about:blank)

Did you know that every time you attend one of our training workshops, you are directly supporting our work with local children, young people and families?

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TRAINING EVENTS

BOOKING FORM

**CONTACT DETAILS**

School/Organisation:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Telephone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Contact: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Position in School: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Authorised by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**TRAINING EVENT £65 per delegate**

**Emotionally Based School Anxiety (Avoidance) -EBSA**

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| **15.10.2025 1-3.30pm** |  |

**DELEGATES**

**Name Email:**

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**TOTAL COST £ \_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Please return completed booking form and accompanying Purchase Order (if required) to:**

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| --- | --- |
| The Bungalow Partnership  Rose Wood Academy  The Garth  Coulby Newham  Middlesbrough  TS8 0UG  Tel: 01642 595363  Email: [thebungalowpartnership@gmail.com](about:blank) |  |